How to use your Accuhaler

- Check dose counter to ensure there is medication left in the device

- Open the device by placing your thumb in the thumb grip and sliding open until a click is heard

- Slide lever down until a click is heard

- Take a deep breath in then breathe out fully.

- Holding the accuhaler level, place the mouthpiece in your mouth and take a long, strong breath in for as long as you can

- Remove from your mouth, holding your breath for up to 10 seconds

- Close the device

- Repeat until the prescribed number of doses have been taken